TEXT

SIMPLIFY YOUR LIFE

Years ago, a cigarette commercial asked if you were smoking more, but enjoying it less. That describes the way many of us live today. We are doing more, but enjoying it less. And when that doesn’t work, we compound the problem. In our frantic search for satisfaction, we try stuffing still more into our days, never realizing that we are taking the wrong approach.

The truth is simple; so simple it is hard to believe. Satisfaction lies with less, not with more. Yet, we pursue the myth that this thing, or that activity, will somehow provide the satisfaction we so desperately seek. S.B Linder, in his devastating book, “The Harried Leisure Class,” described the futility of pursuing more. His research found that as income rose, people bought more things to occupy their leisure time. But, ironically, the more things they bought, the less they valued any one of them. That was more than twenty years ago, and his prediction seems more accurate every year.

In his book Linder challenges us to experiment with him. How could we simplify our lives if we want to enjoy life more? We must try it for ourselves: words will never convince us.

(198 words)
1. Answer the following questions according to the instructions (3 points as a whole)
a. Answer the following question using your own words. (10 to 20 words) (1 point)
a.1. According to the text, when and why do people normally start buying more things?
b. Are the following statements true or false? Indicate the line(s) in the text supporting your choice (1 point as a whole: 0.5 point each)
b.1 The idea of having a lot and enjoying it little can be found in one of the books of the Bible.
b.2 We try to find satisfaction by selling all the things at home that we do not need anymore.
c. Choose a, b or c in each question below. Only one choice is correct. (1 point as a whole: 0.5 points each)
c.1. Linder wrote his book:
a) ten years ago; b) twenty years ago; c) more than two decades ago.
c.2. We can make our life happier if we:
a) get rid of useless things; b) buy more things; c) sell things we do not need.

2.- Complete the following tasks according to the instructions (2 points as a whole: 0.5 each)
a) Write a question for which the underlined word is the answer: “Satisfaction lies with less, not with more.”
b) Put into the passive: “Linder challenges us to experiment with him.”
c) Transform into reported speech: “This activity will somehow provide the satisfaction we so desperately seek.” Begin with: “At that time, experts doubted…”
d) Combine into one sentence containing a relative clause: “Years ago, a cigarette commercial asked an interesting question. It described our modern way of living.”

3. Find words in the text with the following meaning (a and b) and synonyms for each of the words below (c, d and e). (1 as a whole: 0.2 each answer)
a) highly excited with strong emotion  
b) to follow in an effort to overtake or capture
b) destructive  
d) uselessness  
e) precise

4.-Write about the following topic using between 90-120 words (0-4 marks).
Relationship between consumerism and self-satisfaction
Music lovers are no longer drawn to the illusion and magic found within the Tower Records, the most efficient location for purchasing music for decades, as the rise of superstores and the Internet have displaced it. Superstores may not stock as many genres of music or cater specifically for the consumption of music but they are able to stock larger quantities of high demand items at lower prices.

The Internet has revolutionized the means of buying and acquiring music. Consumers can browse the Internet and purchase music from their home at their convenience for a significantly lower price and with less hassle. Computers and the Internet have also allowed for the consumption of music without the obligation of purchasing it. Recently there has been a rise in MP3 players and portable devices that store and play music, eliminating the need to buy blank CDs or spend the time transferring files from the computer.

This is the most efficient, predictable, and rational means to consume music. The consumer is guaranteed that the choice of music is available, that they can obtain music almost instantly, and that the element of error attached to human interaction is removed. (196 words)

1. Answer the following questions according to the instructions (3 points as a whole)
   a. Answer the following question using your own words. (10 to 20 words) (1 point)
   a.1. According to the text, what are the advantages and the disadvantages of superstores for music lovers?
   b. Are the following statements true or false? Indicate the line(s) in the text supporting your choice (2 points as a whole: 0.5 points each)
   b.1 The Tower Records is the most efficient location for buying music
   b.2. Superstores stock more genres of music than Tower Records
   b.3. If you consume music from the Internet you have to buy it
   b.4. CDs are no longer necessary to store and play music

2.- Complete the following tasks according to the instructions. (2 points as a whole: 0.5 each)
   a)Combine into one sentence containing a relative clause: “Tower Records is no longer visited by music lovers. It once was the most efficient location for purchasing music.”
   b) Fill in with the correct tense: “If Internet (not exist) ……, our world (may be) …… completely different.
   c) Put into the passive: “Superstores do not cater specifically for the consumption of music.”
   d) Transform into reported speech: “The Internet has revolutionized the means of acquiring music because people can obtain music almost instantly.” Start with: “Somebody wrote that…”

3. Find words in the text with the following meaning (a and b) and synonyms for each of the words below(c, d and e). 0 to 0.2 each answer. (1 as a whole)
   a) To attend to the wants or needs of b) to look for information on the Internet
   c) buy d) trouble e) foreseeable

4.-Write about the following topic using between 90-120 words (0-4 marks).
   Is downloading music ethically wrong?